

Arun Valley U3A

If you are retired or semi-retired, want to keep your mind and social life active we would be delighted to welcome you to the Arun Valley u3a. Groups representing a wide range of interests meet monthly, but some more frequently, in a variety of locations.
Phone: 01798 873481 Email: memsec@arunvalleyu3a.org.uk
Website: arunvalley.u3asite.uk

SUPPORT

Liaise Free Debt & Benefit Advice

The Village Hub, Thursdays
Liaise offer free debt and benefit advice as well as help with evictions, repossessions, welfare benefits and benefits appeals. If you would like to book an appointment, contact: liaise@frontlinedebtadvice.org.uk

Digital Volunteers

Storrington Library, Thursday 2-4pm. Booking required.
Phone: 01903 839050
Website: arena.westsussex.gov.uk/-/storrington-library

Horsham District Older Peoples Forum

HDOPF is a non-political, free to attend voluntary group that acts as the 'ears' and gives a 'voice' for people aged 60+ who reside in the Horsham District Council area or who cares for someone who is.
Email: horshamolderpeoplesforum@gmail.com
Website: www.hdopforum.org.uk

Storrington & Sullington Neighbourhood Wardens

Based in the community, Wardens work alongside partner agencies to improve the quality of life for everyone, promote community cohesion & resilience. Their activities, ranging from enforcement to community development.
Chris Poore | Mobile: 07795 046743 or John Sampson | Mobile: 07789943201
Email: Storrington-SullingtonWardens@horsham.gov.uk

Something changed, wrong or missing?

Please tell us via our contact form at
www.storrington.org.uk/home/contact-us/#enquiry

Storrington Area Guide to Community Services for the Older Adult

accessible transport, social activities, and support

TRANSPORT

Storrington Area Help Scheme

A group of volunteers who use their own cars to transport to and from medical appointments
Phone: 01903 742124 between 10am and 12 noon on weekdays
Website: sahs.co.uk

Storrington Minibus Association

Inexpensive door-to-door transport with regular local shopping trips, visits to nearby towns, supermarkets, and social outings.
Phone: 01903 740282 - 24 hour answerphone
Email: storringtonbookings@westsussexminibus.org.uk
Website: www.westsussexminibus.org.uk/storrington

SOCIAL ACTIVITIES

Chanctonbury Leisure Centre

There's something for everyone with our wide range of activities.
Phone: 01903 681220 Email: enquiries@cclisure.org
Website: chanctonburyleisure.co.uk

Cuppa & a Chat

Join the Neighbourhood Wardens for a free hot drink & a chat, 3rd Thursday of the month 10.30am to 12.30pm

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MANY OF THESE REGULAR EVENTS PLUS SPECIAL EVENTS CAN BE FOUND ON WWW.STORRINGTON.ORG.UK/ATTRACTIONS/EVENTS/ BUT PLEASE CONTACT THE ORGANISING GROUP FOR CURRENT TIMES AND DETAILS



www.storrington.org.uk
Storrington Community Website,
information on all aspects of life for residents, visitors, businesses, and people working in the area



The Village Hub

7 The Square, Storrington RH20 4DJ

Phone: 01903 743547

Website: www.lccstor.org/the-village-hub-storrington

In Stitches

A fun, social group for people who like to stitch. Tuesday 1:30-3pm

Monthly High Tea

Last Thursday of the month, 2:30-4pm. Please book.

Thursdays Together

For over 65's, every Thursday except last of the month, 2:30-4pm. Join us for tea, games, and company.

Storrington Library

Phone: 01903 839050

Website: arena.westsussex.gov.uk/-/storrington-library

Knit & Natter

Drop in for a session of knitting and nattering, every Wednesday 2.00 - 4.00pm.

Reading Friends

A friendly group, meet new people, chat & share your love of books & reading on the first Monday of every month 2.30 - 3.30pm.

Reminiscence Packs - can help to re-awaken people's memories of their experiences and lives and is particularly helpful for older people and people with dementia. Collect and return from any West Sussex library.

Website: arena.westsussex.gov.uk/-/reminiscence-collecti-1

Storrington Community Café - Meet the Neighbourhood Wardens

A warm venue with a friendly atmosphere to chat and enjoy a cuppa and talk about any concerns you may have. One Monday a month, 11-12:30.

Home Library Direct

Volunteers bring books, audiobooks and other resources free of charge. Online services to reserve books and access eBooks, eAudiobooks and eMagazines.

Phone: 01903 839050

Pulborough Shedders

A diverse group of local people, regularly meet up to help each other out with project. Wednesday and Friday, from 9.30-12.30.

The Room above the Garage, The Witterings, London Road, RH20 1AT

Phone: Tim Tapley 07881 993164 Email: Info@pulboroughshedders.org

Website: pulboroughshedders.org

St Mary's Church, Storrington

Phone: 01903 742888 Thursday mornings 10am - 12 noon

Website: www.storringtonparishchurch.org.uk

Café at the Church

Join us for a friendly cuppa with our Rector, Rev. Jonathan Swindells. 2nd Wednesday each month, 10:30am & 4th & 5th Wednesday each month, 2:30pm.

St Mary's Parish Visiting Team

Provides visits or phones people living in the parish needing some emotional support for the short or medium term.

Age-UK West Sussex, Brighton & Hove

Offers lots of services for older people, their families & their carers.

Website: www.ageuk.org.uk/westsussexbrightonhove/our-services/

Daybreak Respite - Dementia Club - Trinity Centre RH20 3NG

Friday's 10am to 3pm including refreshments and lunch

Phone: 01903 792015 Email: dementia@ageukwsbh.org.uk

Age UK Visiting Service

A cup of tea & a natter to make the world feel a better place.

Phone: 01903 726276 Email: helpathome@ageukwsbh.org.uk

Sunday Lunch Club

The Old School, School Lane, RH20 4LL. Everyone welcome. 2nd Sunday of the month, except August. Book in advance at 'Louisa Austin' shop, Church Street.

Phone: 01903 446808

Pop In Lunch Club

Soup, ploughman's, home-made puddings and pleasant company. First Thursday of the month from 12 noon, Storrington Village Hall, 59 West St, RH20 4DZ.

Tickets in advance or on the door.

Phone: Penny Barnes 01798 815129

5 Loaves Cafe

Storrington Chapel Evangelical Church, North Street, RH20 4DH

Website: www.storringtonchapel.org.uk

Everyone is welcome. Free coffee and cakes. Every Friday 2:30 - 5pm

Trinity Sunshine Choir

A dementia friendly choir at Trinity Methodist Church, Thakeham Road, Storrington RH20 3NG. Last Wednesday of each month 10:30-12noon.

Contact Robert Gamble at robertgamblerc@gmail.com or 07958 232874